

Examples of resources used when teaching RSE

The below resources are taken from the Christopher Winter Programme which the school has adopted for the teaching of RSE. Please see appendix 4 in the RSE policy to see where there are adaptations to the Christopher Winter Programme at Maidenhall.

Year R- taken from the lesson 'keeping clean'



Year 1- taken from the lesson 'growing and changing'

Lifecycle Word Cards	
Baby	Toddler
Child	Teenager
Adult	Elder

Year 2- taken from the lesson 'differences- male and female'



Year 3- taken from the lesson 'personal space'

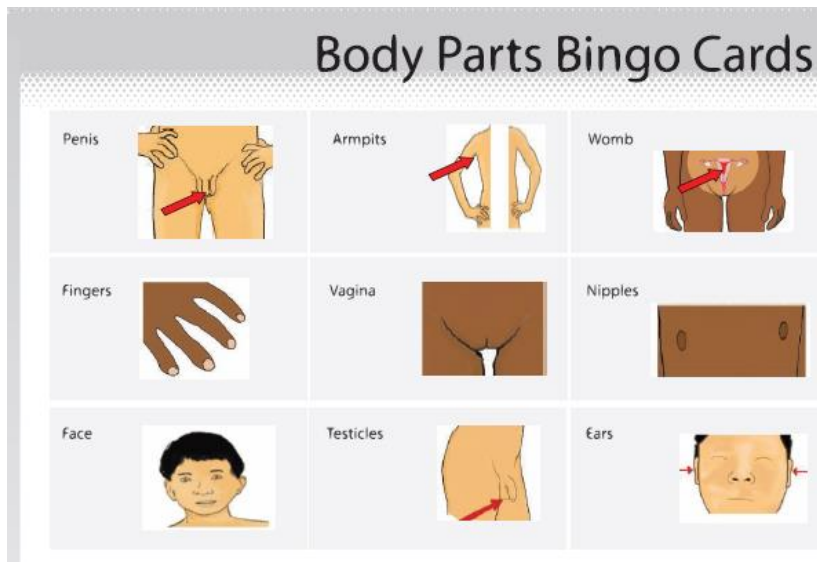
Problem 1

Dear Problem Page,

A boy at my school keeps pushing me over in the playground, he thinks that it is really funny but I don't. I told him to stop but he won't and he says if I tell someone I will be in trouble. What can I do?

J aged 8

Year 4- taken from the lesson 'What is puberty?'



Year 5- taken from the lesson 'puberty and hygiene'

Dear Problem Page,

I used to think I was nice looking, but now I have huge spots everywhere. They are on my face and on my shoulders and I hate them. I don't like going to school anymore because I feel so ugly. Why is this happening to me and what can I do about it? P, age 13

Dear Problem Page,

All of my friends have a mobile phone and I don't. They all text each other and I feel really left out. My mum says I can't have one because they are expensive and dangerous. I don't understand what she means. Why is she being like this? How can I make her change her mind? R, age 11

Year 6- taken from the lesson 'communicating in relationships'

1. On Sam's twelfth birthday his mum texts him a happy birthday message with a picture of Sam in the bath aged two. His mum shouldn't have done this because he isn't wearing any clothes in the photo and now everyone will be able to see it.

FALSE: No one else will see the picture if his mum has sent it to him as a private message and he doesn't share it with anyone. He might still want to speak to his mum and ask her not to send this kind of photo by phone.

2. Sophie has an online friend who lives in Germany and has sent her some pictures of her house and her pets; she asks Sophie to send her some photos of what her house looks like. It is OK for Sophie to do this because her online friend lives in a different country.

FALSE: If Sophie has not met this friend in person she cannot be sure whether they are who they say they are. Sophie cannot be certain of any of the things this person has told her: name, age, gender, where she lives, how many pets she has etc.