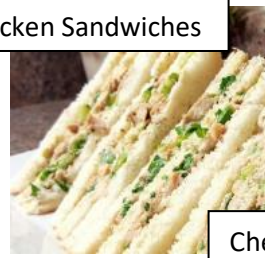




Chicken Sandwiches



Cheese & Cucumber Sandwiches

Lunchbox Ideas

Pasta



Wraps



Noodles



Vegetable Panini

What can you include in your lunchbox? ✓

Alternatives

Try Swapping this for

THIS!!!

FRUIT (2 PIECES)	
SANDWICH, WRAP OR ALTERNATIVE	
DAIRY	
VEGETABLES (2 PIECES)	
FIBRE/GRAINS (Wholegrains)	
WATER	



THIS SCHOOL IS A



NUT FREE ZONE!

